Gloves On Hand - www.glovesonhand.co.uk
Glove Size Guide

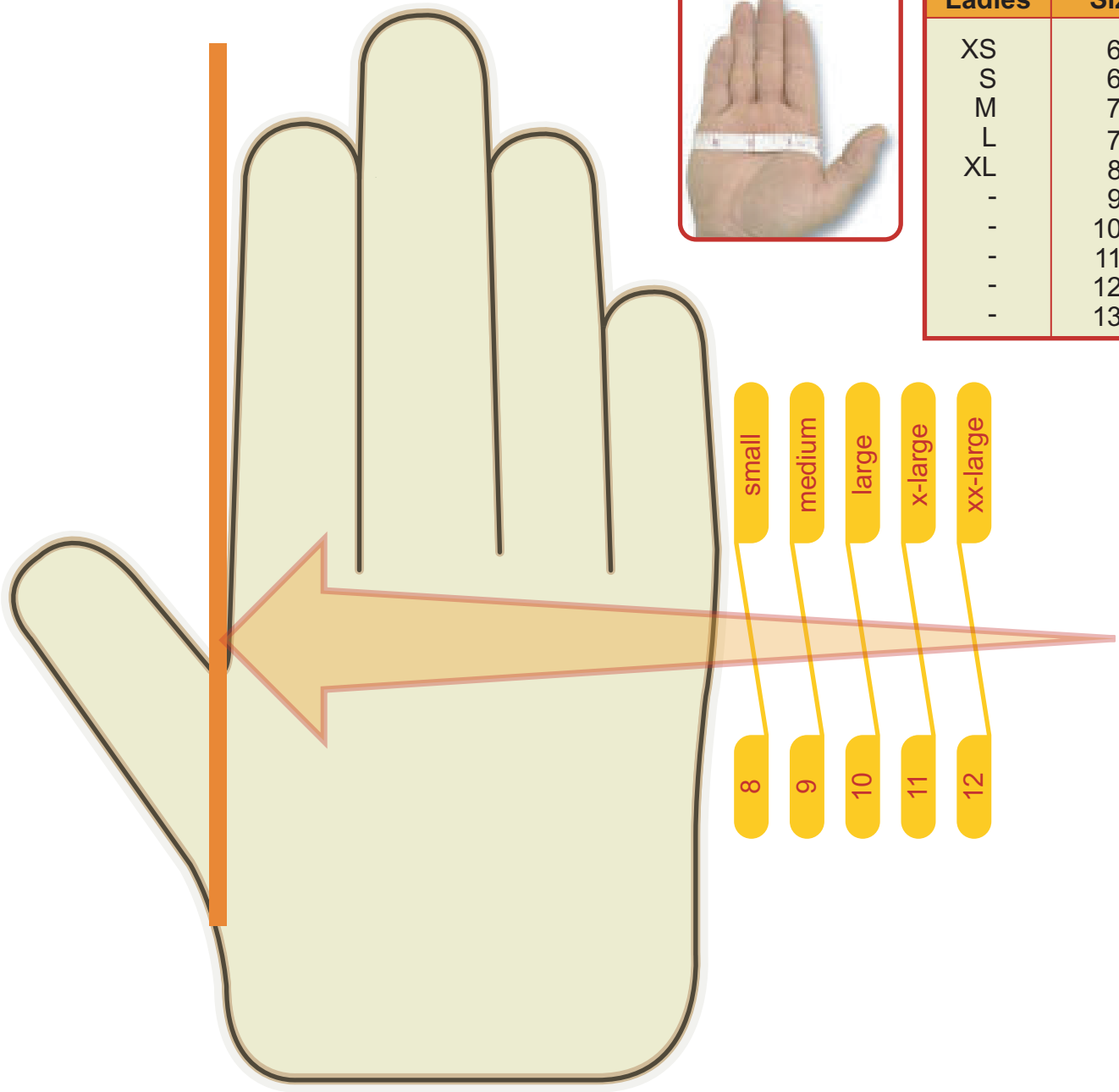
METHOD 1 - A SIZING GUIDE

Print out this page and place your right hand (as shown) against the orange line. The measurement that follows the right side of your hand is your approximate glove size.

METHOD 2 – A MORE ACCURATE MEASURE

Extend your hand flat and with a tailor's measuring tape, wrap it around the strongest hand just below the knuckles and fingers, but above the thumb and make a loose fist. Note the measurement in inches, rounding it up to the nearest inch or half inch and refer to the following chart for your approximate glove size.

METHOD 1



METHOD 2

Ladies	Size	Men's
XS	6	-
S	6½	-
M	7	-
L	7½	XS
XL	8	S
-	9	M
-	10	L
-	11	XL
-	12	XXL
-	13	XXXL

Print this page at 100% and not “fit to page”. Check that the scale is accurate using the 2cm and 1 inch measurements.

2 cm 1 inch

The measurement corresponds to EN 420.